

Alternative Menu Form (Allergy & Lifestyle Notification and Medical Diet Request)

The Company is committed to providing meals for children with medical requirements and any allergy or lifestyle needs.

Students Details					
School/Academy		Male	Female		
Student's Name					
Student's Class					
Diet requests are categorised into allergies, lifestyle and medical. Please complete the section/s which are applicable to the child's dietary needs.					
Allergy Notification					
Allergy information (<i>please tick</i>)	Peanut	Milk	Crustacean	Soybean	Fish
Can have 'may contain'? YES or NO	Celery	Nuts	Sesame Seeds	Mustard	Lupin
Have you provided a photo for our Alternative Menu Photo ID board YES or NO	Eggs	Molluscs	Gluten	Sulphites	*Other
*Other – Please state (if the child has an allergy outside of these 14, a bespoke menu may be required).					
Please provide details of the nature of the allergy/intolerance					

Has the allergy or intolerance been medically diagnosed? (This must be provided for students with severe reaction / anaphylactic shock.)

For core allergy and lifestyle requirements , this form can be returned to the school directly to notify the catering department of your child's requirements. Core allergen free menus available to all schools are NGCI (gluten), NGCI & milk free, milk free, egg free and allergen free. Vegan and Halal menus are also available on request. Core allergies are managed in accordance with our [Allergy Policy](#) . Parents may need a menu consultation with the catering team.

For medical diet requests , this form can be returned to the school who should forward it on to the operations manager. It is vital that all forms are accompanied with a referral letter or other information from a medical professional (GP/consultant/dietician). The Operations Manager & Unit manager may need to meet the student's parent/guardian to discuss any specific requirement and will consult with the company Nutritionist for bespoke dietary needs.

Parent/Guardian Acceptance

Do you require a visit to school with the catering team? we cannot guarantee that dishes may not contain traces of allergens, as these may be stored, prepared & cooked in the same kitchen as well as present in some ingredients from our suppliers due to production techniques.

I confirm that the information supplied is correct and will notify of any changes to the school and caterer immediately. I

Lifestyle Request

Please provide details for dietary requirements based on lifestyle choices:

- Halal
- Vegan
- Other (bespoke menu required, please provide details below)

Medical Request

If the child requires a modified texture diet, please tick which texture/s **is** suitable:

- IDDSI 7: Easy to chew
- IDDSI 6: Soft & bite-sized
- IDDSI 5: Minced & moist
- IDDSI 4: Pureed / extremely thick
- IDDSI 3: Liquidised / moderately thick
- OTHER : Please complete below

Any additional details:

Please provide details of any other medical dietary needs. Please attach evidence from a health professional.

Parent/Guardian Details

Main contact name and relationship	
Main contact – phone number and email address	
Second contact – name and relationship	
Second contact - phone number	

Other Information (completed by the Caterer)

Has a photo been provided in order to complete the "REMEMBER ME" form?		If EpiPen/ medicine is needed, who is the contact in school and is it kept on site?	
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Name	Signed	Date
Agreed Actions		
<p>The Company uses a colour coding system to identify student requirements. Based on the above information, please confirm which applies:</p> <p><input type="checkbox"/> RED – student has had a severe reaction/anaphylactic shock to known food or has a risk of choking.</p> <p><input type="checkbox"/> AMBER – student has an allergy or intolerance.</p> <p><input type="checkbox"/> BLUE – student excludes foods due to lifestyle choice.</p>		
<p>RED Category Student</p> <p>Plated Meal provided</p> <p>Packed lunch provided by the parent/guardian.</p> <p>Student going home.</p> <p>Modified texture menu required</p> <p>Other</p>		
<p>AMBER & BLUE Student – Parent to order suitable meal from the menu following</p>		
<p>Any other relevant information</p>		
Operations/Area Manager	Signed	Date
Unit Manager Name	Signed	Date