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## Congratulations Ashcombe Primary School

It is with great pleasure that we are able to send you a NSHSN logo, in recognition of your ongoing commitment to healthier, happier learning.

This year you wanted to build on the work you had done with OPAL last year and extend this to include child-led games and activities. You also wanted to try and encourage children and their families to make greener travel choices, and your third aim was to increase the number of children who knew strategies to help them regulate their emotions. Three very worthwhile aims!

Your year 5 children really rose to the challenge of becoming play leaders and they seemed to relish the responsibility this gave them, proudly wearing their red bibs at lunchtimes as they supported a range of activities. It was good that you rotated the children who were on duty so that many Y5 children can take on this role and that nobody gets bored, losing their own playtime. The children report that they enjoyed the challenge and liked learning new games. The resources and planned activities are all well organised and easy to pick up and go from their special (very well organised) cupboard! It is great that you have already planned September 26 as a time for the current year 5's to help train the next year group coming up so that this initiative can be sustained and continue into next year.

Your green travel initiatives and walk and wheel events really seem to have made a measurable impact with car journeys dropping by an impressive two thirds. You have worked hard to keep the green travel message alive, communicating this to both families and children regularly over the year. Children report that they can identify some of the benefits of walking to school and are keen to walk a little further to help them earn their rewards.

Emotional literacy was the final challenge identified, and for this you chose to introduce decider skills (from Y3 upwards) as a way of talking about and identifying feelings and emotions and learning strategies to help manage them. The shared language of decider skills is promoted on school display boards and you are now planning on sharing these ideas with parents so that they can use the same ways to identify and talk about feelings and help their children manage their emotions at home. A great way to further embed these ideas and to support children and families.

You have made positive progress in all of your 3 outcomes and it is great that in each of these areas you have already been thinking about how you can build upon these successes going into the next academic year.

We congratulate everyone at Ashcombe who has been involved in your Healthy Schools journey this year helping children to live happier, healthier lives.

**Steve Davis and Alison Ball**  
**North Somerset Healthy Schools Network Team**